

Alabama Department of Mental Health
Cognitive Behavioral Therapy TA
RFP 2021-20 Q&A

1. How many Cognitive Behavioral Therapy Curriculums would the State of Alabama like their staff trained in? **We are not interested in specific curriculums (such as Seeking Safety or MRT); we are interested in an overall training/program that encompasses significant aspects of CBT and related therapies.**
2. How many employees does Alabama want trained in Cognitive Behavioral Therapy in substance abuse setting? **At a minimum, 200 individuals over the funded course of the project period.**
3. Are we able to develop our own Cognitive Behavior Therapy Programs just for the State of Alabama? **Yes, this is acceptable so long as it is based on nationally recognized standards consistent with evidenced based practices.**